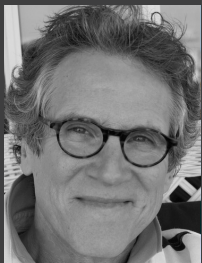


2024

FRONTIERS IN ADDICTION LECTURE SERIES

CO-SPONSORED BY THE MEADOWS AND DISCOVERY MOOD AND ANXIETY PROGRAM



JANUARY 16

Leveraging the Power of Family to Achieve Durable Recovery

Jeff Jay, BSc, CADAC, CIP
Clinical Interventionist and Co-Author of Love First: A Family's Guide to Intervention



APRIL 16

Don't be Boring! Engaging Adolescents and their Families in the Treatment Process

John D. Lieberman, MA
Chief Operating Officer at Visions Adolescent Treatment Centers



FEBRUARY 20

Neurotherapy in the Treatment of Trauma and Addiction: Use of Neurofeedback, Biofeedback and Entrainment to Quiet the Brain and Reach the Mind

Deirdre Stewart, LPC, SEP, BCN
Vice President of Trauma Resolution Services at Meadows Behavioral Healthcare



MAY 21

Addiction as Dissociation: Reconceptualizing the Trauma-Addiction Interplay

Jamie Marich, PhD, LPCC-S, REAT
Founder of Mindful Ohio & The Institute for Creative Mindfulness, and Certified as a Therapist and Approved as a Consultant and Trainer by EMDRIA



MARCH 19

APA (Div. 46) Recommended Guidelines For Ethical, Safe and Successful Professional Online Engagement

Don Grant, PhD, MA, MFA, DAC, SUDCC IV
National Advisor of Healthy Device Management at Newport Healthcare

TUESDAYS

9 - 10:30 am, PST | Virtual Presentation



To be added to our mailing list, please contact jamie.gelbart@tmmc.com. Participants will receive an email link to register for each presentation.

TheHelmaMcMillenRecoveryCenter.com
3333 Skypark Drive, Suite 200
Torrance, CA 90505
310.784.4879

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JUNE 18

Through Science to Justice: Preserving the Past to Understand the Future of Gender-Affirmative Care

Beck Gee-Cohen, MA, CADC-II
Director of LGBTQI+ Programming at Visions Adolescent Treatment Centers



SEPTEMBER 17

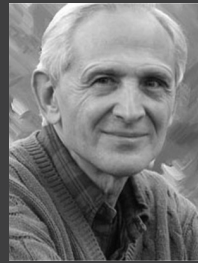
When Eating Disorders and Substance Use Collide

Sharon Zimble, MA, LMFT
Regional Vice President of the Eating Disorder Division at Discovery Behavioral Health



Jordan Held, LCSW

President and Founder of Relentless Pursuit Therapy & Consulting



OCTOBER 15

Topic to be determined.

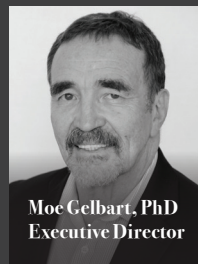
Peter A. Levine, PhD
Senior Fellow at Meadows Behavioral Healthcare, Developer of Somatic Experiencing®, Founder of the Foundation for Human Enrichment, and an Accomplished Author



AUGUST 20

Topic to be determined.

Claudia Black, PhD, MSW
Senior Fellow at Meadows Behavioral Healthcare, and Renowned Author and Trainer Internationally Recognized for her Work With Family Systems and Addiction Disorders



Moe Gelbart, PhD
Executive Director

The Thelma McMillen Recovery Center for alcohol and drug treatment is making lasting changes in the lives of South Bay adults and adolescents as well as their families. We look forward to partnering with you to provide outpatient services to help clients find sobriety within the framework of their daily lives.

Adult Program - 310.784.4879
Teen Program - 310.257.5760

TUESDAYS

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